

# *Bike Oxford*

**Oxford University Rugby Club  
Chipping Norton Rugby Club**

**Sunday 11th July 2021**

**On-the-day event details -  
PROVISIONAL**

## **About the event**

Thank you for signing up for the 8th Bike Oxford.

The event is designed by Iconic Cycling Events, the specialist cycling division of Breathing Space. The event will attract around 1000 cyclists where riders will complete either short (25) medium (50) or long (80) mile routes (there is some minor flexibility on the distances) from both Oxford University RFC (OURFC) and Chipping Norton RFC (CN RFC).

This year the event will support Helen and Douglas House and we are grateful to all those organisations which have sponsored, supported, and entered as teams or individuals.

We look forward to seeing you on the day!

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Location: Oxford University Rugby Club, Jackdaw Lane, Iffley Road, Oxford, OX4 1SR

<https://www.google.co.uk/maps/place/Oxford+University+Rugby+Football+Club/@51.7445092,-1.2435204,18z/data=!4m5!3m4!1s0x4876c14b05afd96b:0xa01fc5c98b2d666d!8m2!3d51.7445823!4d-1.242528>

Location: Chipping Norton RFC, Burford Road, Chipping Norton, OX7 5UY

<https://www.google.com/maps/place/Chipping+Norton+Rugby+Club/@51.9300203,-1.5431392,17z/data=!3m1!4b1!4m5!3m4!1s0x4876d4a9fd116063:0xc5aca6cb7a920a64!8m2!3d51.930017!4d-1.5409505>

## Parking at Oxford - OURFC

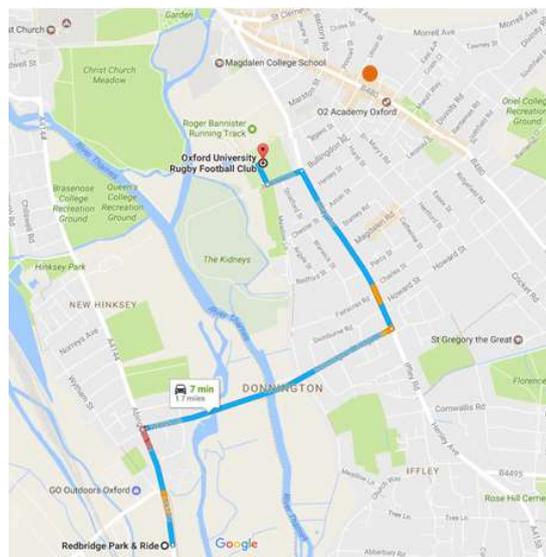
Oxford City and Oxfordshire County Councils are keen to promote cycling in the city and reduce congestion.

There is no parking available at the venue (red marker on the map below) so we encourage all riders arriving by car to use the Park and Ride facilities at Redbridge (black marker on the map, a short flat ride from the start), the Pay and Display long stay car park on Union Street (orange circle on map below) or suitable on street parking.

***The Park and Ride facility at Redbridge has a barrier restriction meaning that cars with bicycles on the roof are unable to enter. Therefore, if you are parking here, you will either need to have your bicycle in the boot of your car or remove it prior to entering the car park.***

The Union Street long stay car park has no such restrictions.

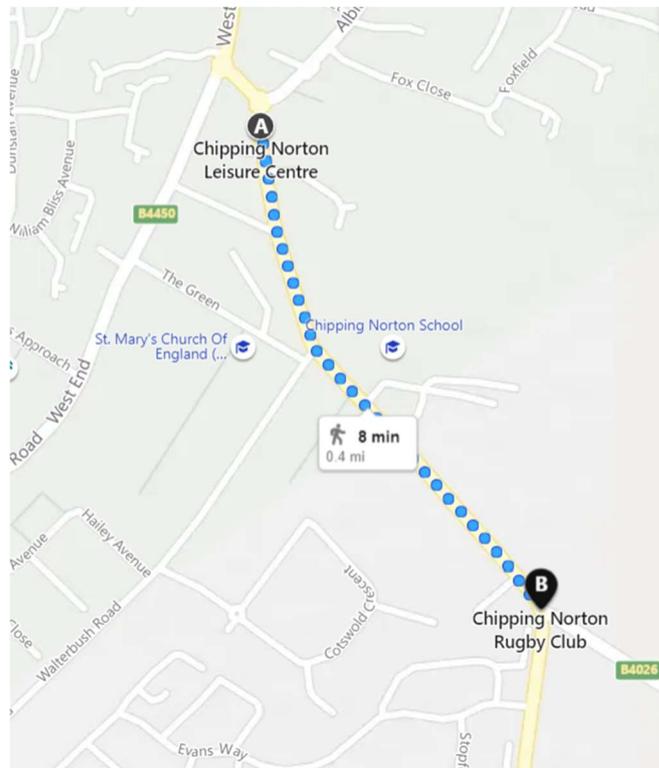
The route from Redbridge Park and Ride to Oxford University Rugby Club will be signed with black arrows on a yellow background.



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## Parking at Chipping Norton - Chipping Norton RFC

There will be free parking available in the car park adjacent to the CNRFC, postcode OX7 5UY. If this car park becomes full then riders should use the free car park at the Chipping Norton Sports Centre, OX7 5DY as an overspill option. The route from the Sports Centre to CNRFC will be signed with black arrows on a yellow background.



## Timings - Sunday 11th July 2021

### OURFC and CNRFC

- |             |  |
|-------------|--|
| 7.00 am     | Drinks and snacks available to purchase at both rugby clubs.   |
| 7.30 am     | Check in opens for the 80-mile route.  |
| 7.30-8.30am | Long route (80 mile) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals.   |
| 8.30-9.30am | Medium route (50 mile) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals. |

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- 9.30-10.15am Short route (25 mile) riders register at check-in and will be directed to the start where groups of 15-20 will be briefed and depart. Groups will depart at 3-5 minute intervals.
- 11.30am Riders will start to return to their respective start venue.
- 12 noon: Relax at your village greens.
- 4.00pm: Close and depart.

## Rider Maps & Emergency Details

Riders must print off a route map which will be sent via email in the pre-event information pack. This document contains medical details on the reverse.

## Check-In

Rider registration will be organised by route distance and surname. Please follow the signs directing you to your route.

Check-in will open at 07:30 on Sunday 11<sup>th</sup> for riders on the long (80 mile) route. **Riders who require timing must follow the Iconic App instruction.** Details about this will be included in the pre-event information email.

**You will be asked to show your rider information sheet as proof of entry.**

## Facilities at Check-In

Teas, coffees and snacks will be available to purchase at both venues on Sunday morning.

## GPX and TCX Files

GPX and TCX files for each of the routes will be sent via email prior to the event. The support team will be marking the routes on Saturday 10th July and adjustments to a route may be required. The Ride Director will advise of any changes to routes at the ride briefing immediately before you set off.

## Rider Safety and Etiquette

Please remember that Bike Oxford is a sportive and as such is in no way competitive. Riders should ensure they obey the Highway Code at all times and ride in a safe and responsible

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manner at all times. **You must wear a hard-shell helmet and will not be permitted to ride without one.**

## Toilets

There are toilet facilities at all feed stations. Please be sensitive to residents and other road users if you are caught short along the way and either bin or bring back any litter.

## Riding with Children

Please ensure that you have returned a parental consent form to us if you are riding with an Under-18.

## Route Signage

The route will be marked throughout with white arrows on red backgrounds, before, on and after all significant junctions. Caution signs are placed where cyclists should be extra vigilant.

Particular points on the route *e.g. Feed stations and route splits* will have signs with black writing on a yellow background. The route from Redbridge Park and Ride to Oxford University Rugby Club and Chipping Norton Sports Centre to Chipping Norton Rugby Club will both be marked with black arrows on a yellow background. An example of each of these signs is below.

### Signs on route



### Signs from Car Park to Start



In the event of you becoming aware that signage has disappeared or been changed, we ask that you inform Event Control at the earliest opportunity.

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## Feed Stations

The feed stations will be well stocked with a range of healthy and high energy food products as well as drinks and a few surprises available. However, we would emphasise that riders should bring sufficient supplies with them for their ride and if you have specific hydration or energy products then please carry these with you.

There will not be a halfway feed station on the short route.

## Rider Support

We will have support vehicles out on the course but riders are expected to be self-sufficient.

We recommend carrying two spare inner tubes, a pump and any necessary tools with you. You should also carry some cash, a form of ID, a mobile phone and your usual brand of energy products.

## By signing our terms and conditions, all riders confirm they will have:

- Personal identification (with medical info)
- Emergency contact (Name and phone)
- Helmet
- Mobile phone
- Money/bank card
- Water bottle (full), x 2 if hot weather forecast
- Puncture repair kit plus, pump and tyre levers
- Snacks and energy products
- Sun cream
- Waterproof jacket

## Medals

All riders will receive a finishers medal.

## First Aid Cover

There will be first aid trained staff at the event, at all the feed stops and on our support vehicles that will be out along the route who can offer assistance for minor/non-emergency issues (contactable via event control). For serious incidents and some back injuries, please note we are unable to transport any casualties and the emergency services will be called.

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Riders should always use their common sense and contact the emergency services where necessary. Please do inform the race organisers (using the event control number shown on the rider information sheet) of any major incident.

## **Emergencies and communications**

Details of what to do in case of an emergency will be covered in the brief at the ride start and are summarised on the rider map. Please be aware that areas on the routes may be out of mobile phone signal. Riders are asked to look out for each other and report any accidents or mechanical problems to Event Control, the support vehicles or the event team at the feed stations.

## **Insurance**

Bike Oxford carries a public liability insurance policy limited to £10,000,000 for legal liabilities arising from claims made against an event organiser, official or participant that involves either bodily injury or property damage to a third party.

We recommend all riders to have their own personal cover.

## **Broom Wagon**

A dedicated vehicle will follow all riders on the routes and pick up anyone who has had to withdraw from the event for whatever reason. The support team will endeavour to pick up any rider as quickly as possible.

We will start to clear the course from mid-afternoon and would expect to have all riders home by 16:00. If the broom wagon finds you out on the course while clearing you will have the option of taking a lift or carrying on without route markers. If you abandon before the finish or anticipate arriving after 17:00 please ensure you call Event Control to notify them.

## **Clear Away**

Very occasionally for a range of reasons riders are delayed in returning to the event village (starting late, long lunch, getting lost, mechanical problems). Whilst we want to ensure all riders have a memorable and enjoyable day, we will start to dismantle the event village from 4pm and riders should be aware of this.

## **Charities**

We have riders taking part in the event, raising money for a large number of charities this year including our supported charity Helen & Douglas House. Full details of these can be found on our website.

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**We look forward to seeing you in Oxford  
and hope that you have a great day**

**We would like to say a huge thank you to all our sponsors and friends of Bike Oxford:**

Cowley Road Condors Cycling Club; Oxford City Council; Oxfordshire County Council; Oxford University Rugby Club; Chipping Norton Rugby Club; B4; Fyffes Bananas.

*Iconic Cycling Events*